

Facial Treatments

NATURAL AGE REPAIR

An intense anti-ageing facial treatment with natural products which fights the early signs of ageing and heals your skin against the damaging effects of UV Rays.

60 minutes - INR 4500

LUMIERE MARINE BRIGHTENING FACIAL

New treatment procedure for the tailor-made correction of pigmentation marks and uneven skin tone. With progressive triple exfoliation, this effective treatment adapts to all face concerns with targeted or over-all application. It works effectively on all skin tones visibly reducing dark spots and evens out the skin tone leaving a clear radiant complexion.

75 minutes - INR 5000

SIGNATURE ANTIOXIDANT

This signature antioxidant treatment, with pure, potent performing ingredients will regenerate and repair dull and tired skin while restoring luminosity and preventing future damage. This treatment is followed by a KO BI DU Japanese massage.

90 minutes - INR 5500

REVIVE AROMATHERAPY FACIAL

A soothing 'extraction-free' aromatherapy facial with customized oil based on how you want to feel after the treatment.

60 minutes - INR 5000

Arrive 30- 60 minutes before your first service and enjoy the steam room or a warm shower. It's a great way to relax and warm your muscles, aiding the therapeutic benefits of our treatment and services.

Attire: Guest will be provided with disposable undergarments. You are required to wear the same. Our therapist will always use draping techniques to respect your privacy.

For reservations, please contact the spa to schedule your appointments. We require 24-hour notice to accept changes or cancellations. Taxes as applicable

Packages

HOPE

Skin is smoothed, muscles knot released and thoughts uplifted with a scrub and relaxing massage.

90 minutes - INR 6490

- Scrub of your choice (30 minutes)
- Massage of your choice (60 minutes)

DREAM

Surrender to the healing touch of massage, followed by a soothing facial that elevates the mood.

120 minutes - INR 7150

- Massage of your choice (60 minutes)
- Facial of your choice (60 minutes)

EXPERIENCE AYURVEDA

This package is designed to keep your body, mind and soul in perfect harmony and restore your body's natural healing potential and rediscover the feeling of well-being.

150 minutes - INR 11000

- Abhiyangam (60 Minutes)
- Herbal Pouch Massage (45 Minutes)
- Shirodhara (45 Minutes)

WISH

Pamper your skin, body and face with uplifting therapies that restore a sense of balance and well-being.

150 minutes - INR 9570

- Scrub of your choice (30 minutes)
- Massage of your choice (60 minutes)
- Facial of your choice (60 minutes)

FOR TWO

Indulge as a couple and experience a scrub of your choice followed by a soothing relaxing massage with the compliments of Heavenly bath in our exclusive bath tub with complete privacy.

120 minutes - INR 11500

*Add a special 30 minutes Heavenly Bath to your package for just INR 1800.00

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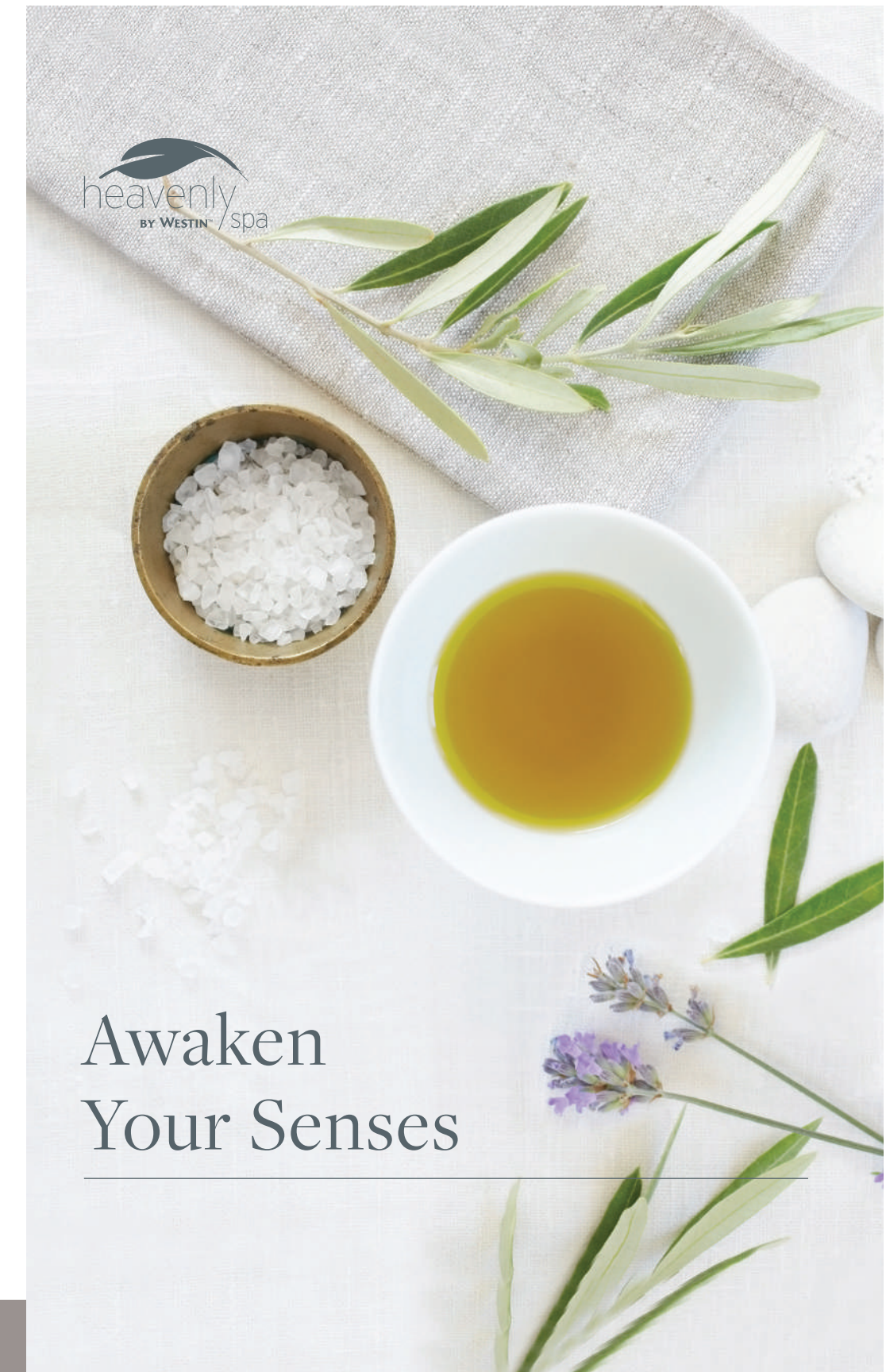
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Awaken Your Senses

Signature Treatments

ASPIRE AROMATHERAPY MASSAGE

Natural aromatherapy oils and diverse massage techniques are customized to answer one simple question: How do you want to feel?

60 minutes - INR 5500
90 minutes - INR 6100

HEAVENLY SPA SIGNATURE MASSAGE

A heated compress invites back muscles to relax before a Swedish massage leaves you feeling physically rested and mentally uplifted.

60 minutes - INR 4200
90 minutes - INR 6110

WARRIOR MASSAGE

Experience what our Indian warriors had when they return after a combat. The only difference here is that we use modern massage techniques with aromatic oils to relieve your stress after a heavy workout in the gym or sports.

60 minutes - INR 4180
90 minutes - INR 5830

Body Massages

RECOVER

Our therapist will begin with a gentle head massage to make you feel relaxed and continue with a deep tissue massage on your neck, back and shoulders. You will then experience a foot massage that stimulates your reflex points and finally end up with a gentle face massage.

60 minutes - INR 4999
120 minutes - INR 7010

JET LAG ENERGIZER

A rebalancing treatment that invigorates the body and stimulates circulation which includes more focus on the head and feet. To reduce swelling, ease muscle tension and reawaken your senses after a long journey.

60 minutes - INR 4200
90 minutes - INR 6240

RECHARGE

Intensive massage that works deep into stiff, tight, aching muscles to instantly release pain and tension.

60 minutes - INR 4560
90 minutes - INR 5640

REFLEX

Feel the trance by a magical touch on energy points that stimulate the reflex zones of the feet.

30 minutes - INR 2000
60 minutes - INR 3800

HEAD, NECK & SHOULDER MASSAGE

Do you want to feel light, relaxed and energised again? Choose your desired level of pressure, whether you need a strong massage to relieve built up tension or a gentle and tranquil experience if you just need a break from busy life.

30 minutes - INR 2500

HARMONY

A full body massage which combines long gentle strokes with intense firm kneading movements to stimulate circulation, leaving you to feel calm and relaxed, followed by a warm herbal ball compress.

90 minutes - INR 6050

BALINESE MASSAGE

It is an approach to massage developed in the Indonesian province of Bali, with influence from the traditional medicine systems of India, China and Southeast Asia.

60 minutes - INR 4200
90 minutes - INR 5875

HOT STONE THERAPY

It is used to help relax and ease tense muscles and damaged soft tissues throughout the body. During a hot stone massage smooth, flat, heated stones are placed on specific parts of the body.

90 minutes - INR 7400

Body Treatments

JASMINE (MADURAI MALLI) & CANE SUGAR BODY POLISH

Gentle exfoliation specially for dry to normal skin. Jasmine extract and Cane sugar are blended with essential Cold-pressed oils (Olive, coconut, Almond, Bran & Sesame) to ensure a refreshing body polishing.

30 minutes - INR 3960

PURIFYING BODY MASQUE

A delightful combination of orange extract, walnut, lime juice, fuellers earth masque is used to draw out toxins and purifies the skin while retaining its natural moisture balance.

30 minutes - INR 3960

REVIVING SALT BODY POLISH

A gentle yet energetic exfoliation using natural sea salt crystals and spirulina extract to ensure a fantastic polishing experience that leaves the skin smooth, renewed and revitalised.

30 minutes - INR 3960

REVIVING BODY MASQUE

Deep cleanses and tones your skin with a combination of marine actives and sea kelp. Marine actives add nutrition and sea kelp revives complexion.

30 minutes - INR 3960

NATURAL COFFEE SCRUB

A scrub made with authentic South Indian coffee-beans and blended with dark chocolate, which helps to boost your skin's moisture content and stimulate cell renewal. It also protects your skin against wrinkles and agents causing skin damages.

30 minutes - INR 2500

ALMOND RICE SCRUB

Our Almond and Rice Scrub is a soft cleaning beauty treatment that is exquisite, gentle, protecting and nourishing. It contains the most natural blend of rice particles and almond meal. They work together to deeply penetrate and lift away the old built up dirt and waste, allowing your skin to breathe freely, feel freshened and look like new.

30 minutes - INR 2500

3 MARINE ALGAE BODY WRAP

This original marine algae wrap is rich in minerals, vitamins, trace elements and micro-nutrients. This Plasmalg Gel is an antiseptic which is pure marine algae in gel form that allows deeper and effective penetration of the active ingredients. The marine algae wrap relaxes the muscles and joints and eliminates metabolic wastes through perspiration. It incorporates the use of the thermal blanket to accelerate perspiration of the body thus enhancing the detoxification process. This treatment activates circulation, increases metabolism and relieves aches and pains. An excellent body wrap for general well-being, total relaxation, refining the figure and breaking fatty deposits. Recommended as a prelude before all body slimming and body toning treatments.

60 minutes - INR 6100

Ayurveda Treatments

ABHYANGA TWO HANDS

An ancient massage technique that uses warm herbal oil with a combination of invigorating and soothing strokes, this treatment helps relieve muscle tension, encourages sound sleep and ensures silky soft and toned skin.

60 Minutes - INR 4200
90 Minutes - INR 6100

HERBAL POUCH MASSAGE

This relaxing and rejuvenating massage consists of little bundles of medicated herbs, oils, powders which are used with various pressures to treat a variety of conditions/ ailment. The Herbal pouch treatment is a complete healing therapy that purifies and rejuvenates the body, mind and soul.

45 Minutes - INR 4000

INDIAN HEAD MASSAGE

This traditional Indian head massage relieves stress and tension in the head, neck and shoulders using medicated oil that nourishes the scalp and promotes hair growth.

45 Minutes - INR 3200

SHIRODHARA

This stress-releasing treatment, performed by one therapist involves pouring a stream of warm oil over the third eye to soothe and calm the nervous system. It is helpful for treating skin conditions and insomnia, while also enhancing emotional balance.

60 Minutes - INR 5600

NJAVARAKIZHI

Njavarakizhi rice is known for its life-nourishing qualities as this special rice is cooked in herb - Infused milk. This herbal decoction is tied in a cloth, made into a bundle, and massaged all over the body. This treatment helps in strengthening the nerves and relieving arthritis. 24 hours advance reservation is required.

60 Minutes - INR 7000

UDVARTANA

A full body massage using medicinal powders to promote digestion, healthier skin, firmer muscle tone, increased circulation and a breakdown of cellulite.

45 Minutes - INR 4000

KATI-VASTI

A nurturing back treatment in which warm medicated oils are pooled on the lower back, Kati-Vasti promotes muscle and ligament strength to support the spine. Relieving lower backache and spinal conditions, it lubricates joints and is ideal for sports injuries and overall health.

45 Minutes - INR 4000

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